



Mycology Research Laboratories
Global Leader in Mushroom Nutrition

Environmental Medicine
Foundation

“THE ROLE OF MUSHROOM NUTRITION IN NATUROPATHY AND NUTRITION”

Date: Friday, June 26th, 2015

Schedule: 09:30 to 15:00

Venue: Maple House
Breakspear Medical Group
Wood Lane, Hemel Hempstead
Hertfordshire HP2 4FD



Programme: 09:30 - Registration

09:50 - Opening remarks

10:00 - **Enzymes, Beta-Glucans and Secondary Metabolites in Mushroom Nutrition**

Professor Amin Karmali (PhD)

10:30 - **The Role of Mushroom Nutrition in Naturopathic Medicine and Nutrition (Part I)**

Nuria Lorite Ayán (PhD) Pharmacist, Acp TCM

11:00 - Coffee Break

11:15 - **The Role of Mushroom Nutrition in Naturopathic Medicine and Nutrition (Part II)**

Nuria Lorite Ayán (PhD) Pharmacist, Acp TCM

12:00 - **The Diminution of Sirtuin-1 and Evidence for its Restitution with Mushroom Nutrition**

Dr Jean Monro (MD)

12:45 - Lunch

13:15 - **Mushroom Nutrition and Multiple Sclerosis**

Dr Jean Monro (MD)

13:45 - **Thrombin Inhibition in Mushroom Nutrition and Role in Coagulation**

Professor Amin Karmali (PhD) / Dr Jean Monro (MD)

14:15 - Coffee Break

14:30 - **Round Table Discussion:** Professor Amin Karmali (PhD) /
Dr Jean Monro (MD) / Nuria Lorite Ayán (PhD) Pharmacist,
Acp TCM

14:55 - **Closing Remarks**

Participants: Nutritional Therapists, Naturopaths,
TCM Practitioners and Physicians

Sponsored by: Environmental Medicine Foundation
Mycology Research Laboratories Ltd.

Price: £30 (VAT included) for qualified professionals,
and £20 for 3rd year students of Naturopathic Medicine and Nutrition
All Participants will receive Study Materials

Accreditation: CPD Recognized - 4 BANT CPD Hours

“THE ROLE OF MUSHROOM NUTRITION IN NATUROPATHY AND NUTRITION”

Lecturer: **Dr Jean Monro (MD)**



- Dr Jean Monro has a background in hospital medicine and worked at the National Hospital for Nervous Diseases, Queen Square, London, researching migraine and multiple sclerosis.
- She entered full time practice in Environmental Medicine in 1982, and in 1988 founded the Breakspear Hospital for Allergy and Environmental Medicine.

Lecturer: **Professor Amin Karmali**

- Professor in the Department of Chemical Engineering Area of Instituto Superior de Engenharia de Lisboa (ISEL) and Chairman of the Research Centre for Chemical Engineering and Biotechnology.



Lecturer: **Dr Nuria Lorite Ayán**



- She is a Licensed Pharmacist with both Masters and PhD in Nutrition and Bromatology from the Complutense University of Madrid.
- In several universities, she is a well known specialist in Homoeopathy and related therapies, Homotoxicology, Biological Medicine, Herbal Therapy and Dietetics, Orthomolecular Nutrition and Nutritional Mushrooms.
- Dr Lorite is a licensed practitioner in Traditional Chinese Medicine (TCM). She has completed a graduate and postgraduate degree in TCM with the faculty of Beijing University (China).
- She is a TCM teacher recognized by the same faculty.
- Presently Dr Lorite is defending her thesis for a second PhD entitled “The Properties of Food According to Traditional Chinese Medicine and Benefits for Health”.
- She has a Doctor’s degree (PhD) in Natural Medicine from Cambridge International University.



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TO REGISTER

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FOR MORE INFORMATION

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